

KINNING *Cycles*

Present

GP Brian Kinning 2022

Sunday 18th September 2022

Orangefield Playing Fields

Race Manual (v1.2)

Orangefield Cross 2022 – Technical Guide (v1.2)

GP Brian Kinning

The race is dedicated to *Brian Kinning* who passed away on 15th August 2017. Brian put a lot of work into cycling in his time and this is a great way to remember him.

This is the 8th year Kinning Cycles has ran a cyclo-cross race at Orangefield Park in Belfast.

This document should contain all the info you need for racing.

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1.1 Race date

The race will take place on Sunday 18 September 2022.

1.2 Venue location

The venue is Orangefield Playing Fields, East Belfast. To get to the course, join the A55 (Outer Ring). Head city bound on Castlereagh road, then turn right on Houston Park. Course will be sign posted from Outer Ring “GP KinningCycles→”

Getting there. Google Link <https://goo.gl/maps/cu5US>



1.3 Class of the race

One day.

1.4 Organiser’s contact information

Race Director: Glenn Kinning, (UK) 07739 709149 info@kinningcycles.com,

Race Organiser: Andrew Patton: 07588 786768

1.5 Categories of riders

The table below shows the race categories.

| Category of licence held | Race Category | Year of birth |
|--------------------------|----------------|---------------|
| Under 6s / Under 8s # | | 2015 - 2019 |
| Under 10s | | 2013 - 2014 |
| Under 12s | | 2011 - 2012 |
| Under 14’s | | 2009 - 2010 |
| Under 16s | | 2007 - 2008 |
| Junior men | A or B Race | 2005 - 2006 |
| Senior men | A or B Race | 1984 - 2000 |
| M40 men | A or B Race | 1974 – 1983 |
| M50 men | A or B Race | 1940 – 1973 |
| Women | Junior, Senior | 1940 – 2006 |

- See Cycling Ireland Technical rules T10.1.11
Parents NOTE: – The Under 6s race is just for fun. It is an introduction to off-road racing. There are no winners, no podium, no medals. It is all about the achievement of starting and finishing. If you child can complete the course with ease and is ready for the next challenge please have them try the Under 8s race instead. There is no lower age limit on the Under 8s race.

1.6 Licence information

In order to take part in off-road racing riders need to have cycling insurance. Cycling Ireland offers riders Full Competition, Limited Competition and Non-Competition licences. Riders who hold a current 2022 Limited Competition (LC) or Full Competition (JR, A4, A3, A2, A1, A+) licence can take part without any further charge for licences. Riders with Non-competition licences (LM) can 'upgrade' for the event by taking out an 'upgrade' licence (£9). Riders who do not have any current cycling licence can take out an event licence (£18).

Youth riders must either have a current 2022 licence or must take out an event licence.

1.7 Pre-entry information

THE EVENT IS PRE-ENTRY.

There will be **strictly no** entries allowed on the day.

Pre-entry is on eventmaster.ie and will close at Friday 16 September 2022 at 8 pm.

1.8 Rider fees

Senior riders - £20 (sterling)

Junior riders - £10 (sterling)

Under 14s/16s - £5 (sterling)

Under 8s, 10s, 12s - £2 (sterling)

Under 6s - £1 (sterling)

1.9 Prize list

The following table provides a breakdown of the prizes for each category.

| Category | Prize positions | Prize type |
|--------------------|--|-----------------------------|
| Under 8s, 10s, 12s | Top 3 boys, Top 3 girls | Medals (free Ice cream van) |
| Under 14/16s | Top 3 boys, Top 3 girls | £10 £15 £20 |
| CX men's B' race | Top 3 riders | £20 £30 £40 |
| Women's CX race | Top 3 riders | £20 £30 £40 |
| CX men's A' race | Top 3 riders, first unplaced Junior, first unplaced M40, first unplaced M50 | £20 £30 £40 |

1.11 Specific specifications for this event

The event is being run under Cycling Ireland rules. The technical rules can be found on <https://www.cyclingireland.ie/about-us/documents/>. There are no specific specifications for this event.

1.12 Competition Clothing

Competitors MUST wear the clothing of their registered club/team as registered with Cycling Ireland or other UCI National Federation. No commercially sponsored clothing or national team clothing is permitted by any competitor.

Unattached members are permitted to wear plain clothing only without any form of advertising aside from the manufacturer's logo on the breast and on the leg of the shorts.

Failure to comply with the above may result in being denied from starting the event.

(See Cycling Ireland Technical rules Article.1.1 and Appendix 4 Reg 3)

1.13 Equipment

- Only bikes described in the UCI Equipment section as “Cyclo Cross bikes” may be used in the CX men's B' race, CX women's race or CX men's A' race.
- The use of radio links or other remote means of communication with riders is forbidden.
- The use of tyres fitted with metal spikes or screws is not permitted.
- Bar plugs are compulsory.
- Bicycles shall be propelled solely through a chain set, by the legs moving in a circular movement, without electric or other assistance.
- It is compulsory to wear a protective helmet when racing or training on the course and such helmet must comply with the required safety standards.
- All riders shall, when racing, wear a jersey with sleeves and a pair of shorts, possibly in the form of a one piece. By shorts it is understood that these come above the knees. Jerseys without sleeves shall be forbidden. It is also forbidden to wear non-essential items of clothing other than where weather conditions make them appropriate for the safety or health and safety of the rider.

1.14 Gridding

Riders will be gridded for the start of their race. Competitors will be called 15 minutes before the start of the race. At 10 minutes to the start the gridding will begin from the holding area. Any competitor not present when the gridding commences will forfeit their grid and start from the rear of the race. Spaces cannot be held for riders who are not present when their name is called. Access to the starting grid is via the call-up zone. Gridding is based on registration time for A & B races.

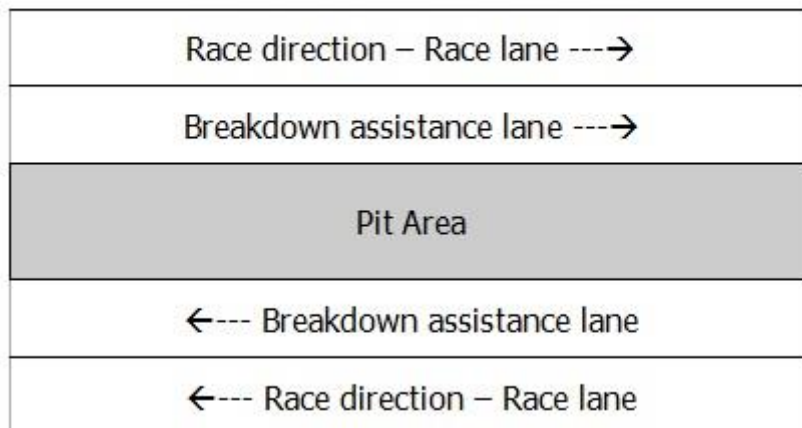
1.15 Accreditation and feed-zone passes

Commissaries will be located in the pits to ensure that only authorised persons are allowed inside. The pits is a busy area during a cyclo-cross race. There should be no dogs in this area and no small children.

1.16 Double pit

A double pit will be in operation.

Double Pit Area



The race lane and pit lane (breakdown assistance) will be marked with a yellow flag. Details of the use of the pit lanes are shown in the Cycling Ireland Technical Regulations (Chapter T9, Article 2, paragraphs 15-22).

A competitor can only enter the pit lane for an exchange of bike. A competitor is not permitted to race through the pit lane for a cleaner line to gain an advantage. If a rider accidentally rides through the pit lane he/she must dismount, take at least 3 steps before remounting.

Once a competitor exits the pit lane, the competitor is not permitted to return against the direction of the course to the pits.

1.17 Race schedule (including practice times)

Sign on opens at 9:00. Course is open for practice once riders have signed on.

| Time | Event | Approx. Race length |
|---------------|--|---------------------------------------|
| 09:00 | Sign on opens | |
| 09:00-11:25 | Main course practice available | |
| 09:00 - 09:50 | Youth course practice available | |
| 09:50 | Under 6s race | 2 mins |
| 10:00 | Under 8s race | 5 mins |
| 10:15 | Under 10s race | 10 mins |
| 10:35 | Under 12s race | 15-20 mins |
| 11:00 | Prize giving for U8, U10, U12 | |
| 11:00-11:20 | Main course practice available | |
| 11:20 | Call up for U14, U16, Women's CX, Women's MTB | |
| 11:30 | Race start for U14, U16, Women's CX, Women's MTB | U14, U16 - 30 mins Women - 45 mins |
| 12:30 | Prize giving for U14, U16, Women's CX, Women's MTB | |
| 12:30 - 12:50 | Main course practice available | |
| 12:50 | Riders gathered up for gridding for CX B' race, Men's MTB* | |
| 13:00 | CX B' race start | 45-50 mins |
| 13:02 | Men's MTB* race start | |
| 14:00 | Prize giving for CX B' race and Men's MTB* | |
| 14:00 - 14:20 | Main course practice available | |
| 14:20 | Riders gathered up for gridding for CX A' race | |
| 14:30 | CX A' race start | 50-55 mins |
| 15:40 | Prize giving for CX A' race | |

Practice: There will be time to practice in between races. There will be **no** toleration for riders practicing on course while there are races in progress.

1.18 Locations of registration and opening times

There will be a registration tent on the day.

1.19 Race numbers

Number will be collected from the registration tent. Race numbers will be supplied by Cycling Ulster. Race numbers must be returned to the bucket at the finish line. Any numbers not returned on the day will occur a fee.

1.20 Parking arrangements

There is ample parking at the Houston Park, follow signage and guidance from marshals. There will be an area for 1 vehicle on the inside of the track This will be first come first served.. Access to this area is limited due to crossing the course and asked for senior riders only.

Teams **MUST** be in place for 9:00am for course opening.

1.21 Bike wash facilities

There is no tap on sight. During the races, pit crews are asked to wash the bikes in the wash zone and not in the pit lane. The organisers will not be supplying high pressure hoses, hose pipes or buckets. Riders/pit crews must supply their own equipment. Non-racing participants who are cleaning their bikes are asked to keep the water and mud off the tarmac road and tarmac surfaces.

1.22 Event Supporters

Atlassian – Main Sponsor of event and club

Kinning Cycles – Title sponsor www.kinningcycles.com

Charm Wedding Studio - Graphic Design & Transport charmweddingstudio.com

[Greenscape NI](http://GreenscapeNI.com) - Support and machinery

Victory Chimp <http://www.victorychimp.cc/>

Cycling Ulster

1.24 Catering arrangements

There will be a coffee van on site.

1.25 Toilets, showers

There will be changing rooms and toilets on site.

1.26 First aid location

The ambulance will be parked near the start/finish line.

1.27 Litter – use of bins

Riders and spectators are asked to use the bins provided on site or to take their rubbish home.

1.28 Number of Laps

For all race categories there is a target race time. The timing team needs to work out how long it takes you to complete one lap before they can work out how many laps need to be completed to fit the race time. Therefore, the commissaires will not know how many laps the race will be at the start line. Please don't ask. You will be told the number of laps remaining after the first lap has been completed.

1.29 DNF

If you are unable to complete the race, perhaps because of a crash or mechanical problem, please return to the timing tent at the finish line to let the timekeepers know. Your race number will be recorded as DNF (Did not finish). You then need to return the race number to the marshal near the finish line (it goes into the yellow bucket).

1.30 Language

We are proud that our events are family orientated. We would ask that everyone respects this and refrains from using foul language while racing or spectating. Let's keep these enjoyable days for all.

1.31 Feeding

A reminder, in a cyclo-cross race no feeding is allowed. Feeding is where someone hands the rider a bottle, gel or other refreshment anywhere on the course. A rider can stop in the pits and pick up his/her own bottle. A bottle can be carried on your bike, gels/snacks can be carried on your person. The key point is that you are not "fed" by another person. The penalty for this is disqualification.

1.32 Race Results

Results will be available on Sunday evening on www.ulstercyclocross.com with links on our Facebook page.

1.33 Volunteers

Our sport is run by volunteers. Ordinary people giving up their free time to allow you to enjoy racing. Please respect all those who are there on your behalf – course builders, car park attendees, sign on crew, first aiders, timing team, commissaires, marshals, commentators, photographers and clean-up crew. A simple 'thank you' can make their day.

1.34 Description and map of the course

The circuit is approximately 2.5km long and the number of laps will be communicated by the finish judge after the second passing over the finish line. The map below shows the entrance and rough course plan.

The course makes great use of the park including the velodrome. Please remember that the park is open to the public. Please ride and race in a respectable manner.

